



BROADLAND SPORTS CLUB

Main Road, Fleggburgh, Great Yarmouth NR29 3AE Tel. 01493 369651
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CLUB & POOL OPENING TIMES FOR **FEBRUARY 2019**

Opening Hours: Mon to Fri 6.30am - 10pm Sat & Sun 8am - 8pm

PLEASE NOTE FOLLOWING GYM CLOSURES

Adult Circuit Class: Tuesday 7pm-8pm Junior Gym (10-15 yrs): Thursday 5pm-6pm & Saturday 12.15-1.15pm

Adults only swimming before 10am on Sundays, and after 8pm Monday to Friday

During School Holidays. Adults Only Swimming before 10am Monday to Thursday and 9.30am Friday

Date	Day	POOL CLOSED	POOL CLOSED	POOL CLOSED
1	Friday	10.30am - 11.30am	1.00 - 2.30 School lesson	4.00 – 6.00pm
2	Saturday	9.00am – 12.30pm		
3	Sunday	Adults only before 10am		
4	Monday			4.30 – 5.00pm
5	Tuesday		4.00 – 5.30pm	7.00 - 8.00pm
6	Wednesday			4.00 – 6.00pm
7	Thursday		1.30-2.30pm Water Aerobics	4.00 – 6.00pm
8	Friday	10.30am-11.30am	1.00-2.30pm School lesson	4.00 – 6.00pm
9	Saturday	9.00am – 12.30pm		
10	Sunday	Adults only before 10am		
11	Monday		4.30 – 5.00pm	6.00 - 7.00pm
12	Tuesday		1.30 - 2.30pm School lesson	4.00 – 5.30pm
13	Wednesday			4.00 – 6.00pm
14	Thursday		1.30-2.30pm Water Aerobics	4.00 – 6.00pm
15	Friday	10.30am - 11.30am	1.00 - 2.30pm School lesson	4.00 – 6.00pm
16	Saturday	9.00am – 12.30pm		
17	Sunday	Adults only before 10am		
18	Monday	Adults only before 10am		4.30 – 5.00pm
19	Tuesday	Adults only before 10am		4.00 – 5.30pm
20	Wednesday	Adults only before 10am		4.00 – 6.00pm
21	Thursday	Adults only before 10am	1.30 - 2.30pm Water Aerobics	4.00 – 6.00pm
22	Friday	Adults only before 9.30am	10.30am - 11.30am	4.00 – 6.00pm
23	Saturday	9.00am – 12.30pm		
24	Sunday	Adults only before 10am		
25	Monday			4.30 – 5.00pm
26	Tuesday		1.30 - 2.30pm School lesson	4.00 – 5.30pm
27	Wednesday			4.00 – 6.00pm
28	Thursday		1.30-2.30pm Water Aerobics	4.00 – 6.00pm

Fridays 6-7pm is family fun time in the pool (no extra charge)

NB. Sauna & Steam room are not available during pool closures

Swimming pool closes 20 minutes and gym closes 5 minutes before closing