



BROADLAND SPORTS CLUB

Main Road, Fleggburgh, Great Yarmouth NR29 3AE Tel. 01493 369651
www.broadlandsports.club | info@broadlandsports.club

CLUB & POOL OPENING TIMES FOR **OCTOBER 2018**

Opening Hours: Mon to Fri 6.30am - 10pm Sat & Sun 8am - 8pm

PLEASE NOTE FOLLOWING GYM CLOSURES

Adult Circuit Class: Tuesday 7pm-8pm Junior Gym (10-15 yrs): Thursday 5pm-6pm & Saturday 12.15-1.15pm

Adults only swimming before 10am on Sundays, and after 8pm Monday to Friday

During School Holidays Adults Only Swimming before 10am Monday to Thursday and before 9.30am Friday

Date	Day	POOL CLOSED	POOL CLOSED	POOL CLOSED
1	Monday			4.30 – 5.00pm
2	Tuesday			4.00 – 5.30pm
3	Wednesday			4.00 – 6.00pm
4	Thursday		1.30-2.30pm Water Aerobics	4.00 – 6.00pm
5	Friday		10.30am-11.30am	4.00 – 6.00pm
6	Saturday	9.00am – 12.00pm		
7	Sunday	Adults only before 10am	12.00-1.00pm Aqua Dance Fusion	
8	Monday			4.30 – 5.00pm
9	Tuesday			4.00 – 5.30pm
10	Wednesday			4.00 – 6.00pm
11	Thursday		1.30-2.30pm Water Aerobics	4.00 – 6.00pm
12	Friday		10.30am-11.30am	4.00 – 6.00pm
13	Saturday	9.00am – 12.30pm		
14	Sunday	Adults only before 10am		
15	Monday			4.30 – 5.00pm
16	Tuesday			4.00 – 5.30pm
17	Wednesday			4.00 – 6.00pm
18	Thursday		1.30-2.30pm Water Aerobics	4.00 – 6.00pm
19	Friday		10.30am-11.30am	4.00 – 6.00pm
20	Saturday	9.00am – 12.30pm		
21	Sunday	Adults only before 10am		
22	Monday			4.30 – 5.00pm
23	Tuesday			4.00 – 5.30pm
24	Wednesday			4.00 – 6.00pm
25	Thursday		1.30-2.30pm Water Aerobics	4.00 – 6.00pm
26	Friday		10.30am-11.30am	4.00 – 6.00pm
27	Saturday	9.00am – 12.30pm		
28	Sunday	Adults only before 10am	12.00-1.00pm Aqua Dance Fusion	
29	Monday			4.30 – 5.00pm
30	Tuesday			4.00 – 5.30pm
31	Wednesday			4.00 – 6.00pm

Fridays 6-7pm is family fun time in the pool (no extra charge)

NB. Sauna & Steam room are not available during pool closures

Swimming pool closes 20 minutes and gym closes 5 minutes before closing